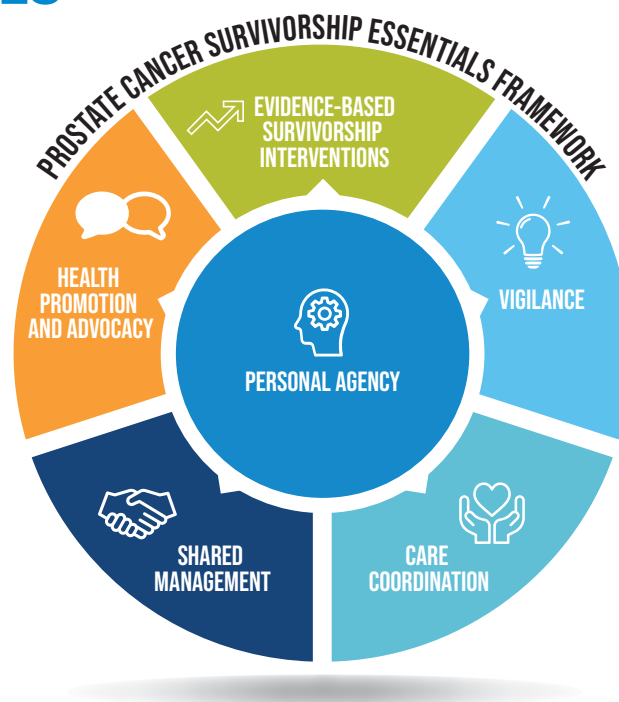


PROSTATE CANCER SURVIVORSHIP ESSENTIALS FRAMEWORK

Prostate cancer is the most prevalent male cancer in the world, excluding non-melanoma skin cancer.

In Australia, there are now over 230,000 men living with a diagnosis of prostate cancer. Prostate cancer survivorship care encompasses the health and wellbeing of men from the point of diagnosis and is essential to cancer care. Survivorship care recognises the physical, psychosocial, spiritual and economic impacts of cancer, which can be long-lasting, and addresses these so that the patient can achieve optimal quality of life. The Prostate Cancer Survivorship Essentials Framework places the man and his family at the centre of care.



Personal Agency where patients are self-aware in assessing their needs, seeking assistance when required, and building resilience to manage their own health where possible.



Shared Management between patients and health professionals to improve outcomes and ensure quality survivorship care with shared and informed decision making about all aspects of care.



Evidence-based Survivorship Interventions for accessible psychosocial and psychosexual care, exercise and physical activity, nutrition, peer support, financial assistance, and specialist nursing interventions.



Care Coordination where patients and families arrive at the right place at the right time for the right care once a diagnosis has been made. Men-centred care is central.



Health Promotion and Advocacy through the provision of up-to-date information to increase the community's knowledge of men's health and prostate cancer and support awareness and advocacy.



Vigilance across the survivorship continuum from diagnosis to end-of-life care with attentive surveillance of physical and psychosocial effects, comorbidities, recurrence and second cancers. This includes psychosocial effects on partners and family members.

ENDORISING ORGANISATIONS

